**Agencies that help Kids/Teens Deal with Sexual Abuse and Trauma (Omaha)**

**Project Harmony** specializes in counseling for children and adolescents who have experienced abuse. They partner with law enforcement to do forensic interviews and provide follow-up care to children and families affected by sexual abuse. The therapists from Lutheran Family Services provide counseling using the R-SAFE model.

**Project Harmony**

11807 Q St.

Omaha, NE

PH: 402-595-1326

**Lutheran Family Services** **(LFS)** has developed the **R-SAFE** program that some therapists in private practice have been trained in and use for treatment as well.

Supervisor: Whitney Anderson PH: (402) 595-1338 e-mail: [wanderson@lfsneb.org](mailto:wanderson@lfsneb.org)

**R-SAFE Treatment Program**

RSafe® therapists provide individual, family and group therapy for both individuals with problematic sexual behaviors and victims of sexual abuse. Classes are also offered for parents and guardians. RSafe® provides education and training programs to providers, the public and clients, including the [RSafe® Clinical Endorsement Training (RCET) for Problematic Sexual Behavior (PSB)](https://www.lfsneb.org/wp-content/uploads/2017/09/RSafe-Clinical-Endorsement-flyer-09-17.pdf).

Offered by Lutheran Family Services in Omaha, Lincoln, Council Bluffs at:

\*Downtown Main office: 24th & Dodge

120 S. 24th St. Ste. 100

PH: (402) 342-7007

\*Project Harmony at Connections Bldg.

11807 Q St.

PH: (402) 595-1338

Sarpy County Office – SAC Bldg.

11515 S. 39th St. 3rd Flr. Ste. 300

Bellevue, NE

PH: (402) 292-9105

**Child Saving Institute**

Therapists and Psychiatric Nurse Practitioner for medication management

4545 Dodge St.

Omaha, NE 68132

PH: 402-553-6000

Accepts Medicaid

**Therapy Referral for Dealing with Sexual Abuse and Trauma- Kids/Teens Omaha**

\*Many therapists are doing tele-health during the pandemic and will continue offer it

\*\*Check with your insurance about in-network providers and tele-health benefits

\*\*\* Psychologists (PhD) routinely charge higher rates than masters-level counselors

**Female Therapists**

**Woodhaven Counseling Associates, Inc.**

**Sheryl Overby, LIMHP**  
12001 Q Street   
Omaha, Nebraska 68137

PH: (402) 316-4546

Treats children, adolescents, Adults, RSAFE trained

**The Growing Path**

**Amy Simons, LMHP (**EMDR for trauma)

11605 West Dodge Rd.

Omaha, NE 68154

PH: (402) 807-5576

Accepts Medicaid. Flexible hours. RSAFE trained for child/teen sexual abuse survivors.

**RoxAnne Koenig, MS, LIMHP**  
919 Galvin Road   
Suite A  
Bellevue, Nebraska 68005

PH: (402) 513-3486

**Your Story Matters Therapy**

**Jenny Ratliff, LIMHP**

8790 F Street   
Suite 210  
Omaha, NE 68127

PH: (402) 850-2241

Accepts Medicaid

**Collaborative Counseling Center**

**Michelle Book, LIMHP**  
11725 Arbor Street   
Suite 210  
Omaha, NE 68144   
PH: [(531) 233-1307](tel:+1-531-233-1307)

**Natasha Eirich, LIMHP** (does EMDR and Trauma Focused-CBT)

11725 Arbor Street STE 120A  
Omaha, Nebraska 68144

PH: (402) 835-0663

Accepts Medicaid

**Kaleidoscope Counseling**

**Kelly Willms, LMHP**(does Trauma Focused-CBT)  
11909 Arbor St Suite F  
Omaha, Nebraska 68144

PH: (402) 507-4203  
Accepts Medicaid

**Omaha Therapy and Arts Collaborative**

**Carrie Gobel, LCSW** (EMDR and Brainspotting)

**Jai Theis, LCSW** (EMDR)   
3031 S 87th Street   
Omaha, Nebraska 68124

PH: (402) 991-1011

Accepts Medicaid

**Verve Collaborative Health**

**Juline Mosser, LIMHP**  
11422 Miracle Hills Dr. Suite 401  
Omaha, NE 68154   
PH: [(402) 519-2608](tel:+1-402-519-2608)

**Red Lotus Counseling (Brainspotting)**

**Tenora Mead, LMHP**   
11635 Arbor Street Suite 110  
Omaha, NE 68144

PH: [(402) 795-1636](tel:+1-402-795-1636)

Takes Medicaid

**The Attachment & Trauma Center of Nebraska**

**Various Providers female and male** (many do EMDR)

638 N 109th Plz   
Omaha, Nebraska 68154

PH: (402) 403-0190  
Website: <http://training.atcinstitute.com>

Some therapists accept Medicaid  
PH: (402) 513-0739

**Williams Counseling & Consulting**

**Gail Williams,** LIMHP (African American female; Does EMDR)  
6790 Grover Street Suite 100  
Omaha, Nebraska 68106

PH: (402) 810-8555

Accepts Medicaid

**Dawn Kay-Pearson Counseling and Coaching**  
10791 S. 72nd St. Ste # 104   
Papillion, NE 68046   
[(402) 509-8299](tel:+1-402-509-8299)

**The Cord: Where Science Meets Connection**

**Melissa Goertz, LMHP**  
Omaha, NE 68154   
PH: [(701) 638-9881](tel:+1-701-638-9881)   
Accepts Medicaid

**Vicki Holoubeck, LIMHP**

1406 Fort Crook Rd.

Bellevue, NE 68005

PH: (402) 880-9453

**Affinity Community Counseling**

**Julia Dreamer, LIMHP**  
5022 South 114th Street   
Omaha, NE 68137   
[(402) 764-9711 x2](tel:+1-402-764-9711,,,2)

Accepts Medicaid

**Hope & Wellness Center**

**LaRhonda Flowers, LMHP, LADC** (does EMDR) (African American female)  
11414 W Center Road Suite 300  
Omaha, Nebraska 68144

PH: [(402) 704-3513](tel:+1-402-704-3513)

**Tara Thomsen, LMHP**

11060 Oak Street Suite 2   
Rockbrook Village  
Omaha, NE 68144   
PH: [(402) 318-3029](tel:+1-402-318-3029)

Accepts Medicaid

**Therapy Referral for Dealing with Sexual Abuse and Trauma- Kids/Teens Omaha**

\*Many therapists are doing tele-health during the pandemic and will continue offer it

\*\*Check with your insurance about in-network providers and tele-health benefits

\*\*\* Psychologists (PhD) routinely charge higher rates than masters-level counselors

**Male Therapists**

**A Better Way Therapy**

**Rob Runion, LMHP**  
11204 Davenport St. Suite 200   
Omaha, NE 68154   
PH: [(402) 513-3415](tel:+1-402-513-3415)

Trained in RSAFE. Accepts Medicaid.

**Great Oaks Counseling**

**Dale Battleson, LCSW, PhD, LMFT**  
13906 Gold Circle   
Suite 202  
Omaha, Nebraska 68144

PH: (402) 965-0229 ext. 106

**Achievement Counseling Services**

**Kieth Almquist, LIMHP**   
8031 West Center Road   
Suite 324  
Omaha, NE 68124   
[(402) 939-6908](tel:+1-402-939-6908)

Accepts Medicaid.

**The Center for Counseling and Psychotherapy**

**James Poppert, LIMHP, LADC**

8021 Chicago St.

Omaha, NE 68114

PH: (402) 502-1024 ext. 106

**Steve** **Brownrigg, LMHP, LADC**  
7602 Pacific Street Suite 304  
Omaha, NE 68114

PH: [(402) 318-7118](tel:+1-402-318-7118)

**Jeff Stormberg, PhD Psychologist**

1403 Farnam Street Suite 215  
Omaha, Nebraska 68102

PH: (402) 241-8395

Accepts Medicaid

**Wicks Psychological Services**

**Chris Wicks, LICSW, LIMHP**

6550 S. 84th St. Ste. 300

Omaha, NE 68127

PH: 402-339-7991

**Bailey Counseling Services**

**Frank Louis Bailey**, **LMHP, LADC** (African American male)

1941 South 42nd Street   
Suite 538  
Omaha, Nebraska 68105   
[(402) 504-3242](tel:+1-402-504-3242)

Accepts Medicaid

**Hehner Therapy Services**

**Bill Hehner, LIMHP**

6846 Pacific St. Ste. 100

Omaha, NE 68106

PH: (402) 916-9802

Accepts Medicaid

**James Leonard Holt, LCSW** (African American male)

3822 North 173rd Avenue   
Omaha, NE 68116   
PH: [(402) 313-4703](tel:+1-402-313-4703)

**Daniel J. Bruckner, LIMHP** (does EMDR)11725 Arbor St   
Suite 110  
Omaha, NE 68144   
PH: [(402) 920-6244](tel:+1-402-920-6244)