



GRETNA ELITE ACADEMY - RETURN TO PLAY PROTOCOL

Coach/Staff Protocol

- All coaches will have hand sanitizer on site
- All coaches will have disinfectant on site for balls, cones, etc. Coaches are required to disinfect all training equipment after each session.
- All coaches will ensure that training bibs are not exchanged from player to player after use. Once a training bib has been used by a player, it must be placed in the wash pile and not used again until properly cleaned by the coach, standard machine washing is appropriate
- All coaches will encourage social distancing measures for pre and post-match discussions
- All coaches are asked to limit the amount of time that players are standing in small groups.

Player Protocol

- All players need to have hand sanitizer in their bag and are encouraged to use it before and after training sessions
- All players need to have their own water and are asked to not share water at any point
- Wet towels are discouraged
- All players are encouraged to maintain social distancing measures before and after practice.
- All players are encouraged to wash their training equipment following each training session.

Parent/Spectator Protocol

- Parents are asked to check their child's temperature prior to every session. Any reading above 100.4 degrees is considered an elevated reading, and thus the player cannot train on that day.
- If your child or anyone in your household is sick or has symptoms of COVID-19, do not attend training. If anyone in your household is diagnosed with a positive COVID-19 test result or has been in contact with a person who has been diagnosed as COVID-19 positive, please inform your primary coach and you will be asked to follow our club protocol on a return to play for your child.
- All spectators are encouraged to maintain social distancing measures while observing sessions outdoors.
- There will be **NO** spectators allowed inside the complex during team training sessions.

COVID Exposure - Return to Play Guidelines Following Confirmed or Suspected COVID-19 Infection for Gretna Elite Academy Staff and Players.

Staff and players that are showing symptoms of COVID-19 or have been diagnosed with COVID-19, will abide by the following guidelines for return to play:

1. At least 3 days (72 hours) have passed since resolution of fever (defined as 100.4 degrees F) without the use of fever-reducing medications and respiratory symptoms (e.g., cough, shortness of breath), AND
2. At least 10 days have passed since symptoms first appeared
OR
3. Resolution of fever without the use of fever-reducing medications, AND
4. Improvements in respiratory symptoms (e.g., cough, shortness of breath), AND
5. Negative results of an FDA authorized molecular assay for detection of SARS-CoV-2 RNA from at least two consecutive respiratory specimens collected 24 hours apart (two negative specimens)

*** Player(s) that have had an exposure to COVID-19 and have been placed in a quarantine status by their physician, school and/or public health are not permitted to train or participate in any Gretna Elite Academy activity until the quarantine period has ended ***