

**Centris Cup Soccer Tournament  
by Gretna Elite Academy Soccer Club  
September 10-13, 2020**

**COVID-19 Rules  
for Players, Coaches, Volunteers and Parents/Fans**

- Masks should be worn and six (6) feet social distancing should be maintained.
- Players should have designated spots to place their personal items.
- Players should use their own equipment as much as possible. When equipment is needed to be shared, it should be disinfected between players' use. Coaches are encouraged to rotate equipment when possible.
- Coaches must disinfect shared equipment before and after each game.
- Players must bring their own water/beverage to consume during and after games. No shared drinking fountains or coolers.
- Players must bring their own snacks to consume during and after games. No shared/communal snacks.
- Fans should keep six (6) feet of social distancing between different groups. No fan seating or standing is allowed within six (6) feet of the teams.
- Teams to play next must stay in designated areas for player warm-ups that provide for necessary physical/social distancing.
- Post-game handshakes or interaction between teams are prohibited.
- When games end, no post-game talks at the field are permitted. Fans and players must leave the playing area and return to their cars immediately after the game.
- The team to play next must remain in their designated warm up area until the prior team is completely out.
- Fans for upcoming games must remain in their cars during player warm ups. They will be permitted to come to the field once the team they are there to watch enters the playing area.
- The use of sunflower seeds, tobacco products, and spitting while practicing or playing is prohibited.